

1 CHOOSE A MENU ITEM

ROLLED PIADAS



AVOCADO PIADA

Italian-style street wrap with pancetta (bacon), fresh avocado, arugula, basil aioli, mozzarella, sweet corn & tomato
8.99 (750 CAL)
Best with steak +1.99



CRISPY CHICKEN BLT PIADA

Italian-style street wrap with crispy chicken, pancetta (bacon), romaine, bruschetta tomatoes, creamy parmesan, basil aioli
7.99 (920 CAL) Protein included



ITALIAN TRIO PIADA

Italian-style street wrap with sliced Creminelli salami, capicola, mozzarella, sweet & spicy peppers, romaine, arugula, bruschetta tomatoes, basil aioli
8.99 (970 CAL) Protein included

GREENS & GRAINS



POWER BOWL

Red quinoa, broccoli, sweet corn & tomato, glazed chickpeas, pickled red onions, marinated zucchini, harissa & Greek yogurt drizzle
9.99 (530 CAL)



FARMERS MARKET

Field greens, strawberries, feta, sweet corn & tomato, fresh avocado, spiced pecans, lemon-basil dressing
8.99 (620 CAL)
Best with grilled chicken +1.79



BALSAMIC SALAD

Spinach, red cabbage, feta, bruschetta tomatoes, pickled red onions, spiced pecans, Granny Smith apples, balsamic dressing
6.99 / 8.49 (230 / 430 CAL)
Best with grilled salmon +2.99

TOSSED PASTAS



DIABOLO PASTA

Angel hair pasta tossed with spicy diavolo sauce, bruschetta tomatoes, green onions, grated parmesan
6.99 / 8.59 (420 / 780 CAL)
Best with calamari +1.99



BASIL PESTO PASTA

Angel hair pasta tossed with parmesan alfredo, basil pesto, sundried tomatoes, grated parmesan
6.99 / 8.59 (620 / 1210 CAL)
Best with Italian sausage +.99



CARBONARA PASTA

Angel hair pasta tossed with parmesan alfredo, bruschetta tomatoes, pancetta (bacon), spinach, grated parmesan
6.99 / 8.59 (570 / 1010 CAL)
Best with grilled chicken +1.79

Gluten free Vegetarian Guest favorite Vegan by request

Some gluten free items contain ingredients processed in a facility that may contain gluten. Vegan items contain cane sugar from various sources.

2 PICK A PROTEIN

SPICY ITALIAN SAUSAGE +.99 (270 CAL)

GRILLED CHICKEN +1.79 (170 CAL)

CRISPY CHICKEN +1.99 (260 CAL)

GRILLED STEAK +1.99 (120 CAL)

CALAMARI & HOT PEPPERS +1.99 (220 CAL)

GRASS-FED MEATBALL +1.99 (200 CAL)

GRILLED SALMON +2.99 (290 CAL)

For extra protein +2.49

ADD A SIDE

SWEET CORN SALAD 2.69 (190 CAL)

PEPPERONI STICK 2.99 (710 CAL)

PARMESAN STICK 2.99 (660 CAL)

GARLIC DOUGH 1.49 (350 CAL)

LOBSTER BISQUE 3.39 (250 CAL)

FRIED CALAMARI & HOT PEPPERS 4.99 (480 CAL)

GRASS-FED MEATBALL 3.99 (200 CAL)

CANNOLI CHIPS 2.99 (690 CAL)

KIDS MEALS

12 & under. Served with milk (110 CAL), chocolate milk (150 CAL) or apple juice (90 CAL)

KIDS PASTA

Angel hair pasta with choice of sauce. Choose grilled chicken, crispy chicken or steak and up to four toppings
4.99 (450-1110 CAL)

CHICKEN FINGERS

Buttermilk marinated crispy chicken tenders served with a side of ketchup
4.99 (480 CAL)

KIDS MEATBALL

6 oz. grass-fed meatball topped with pomodoro sauce and parmesan. Served on angel hair
5.99 (540 CAL)

OR

CREATE YOUR OWN



PIADA

7.69 (450-1290 CAL)



PASTA

6.99 / 8.59 (580-2470 CAL)



SALAD

6.99 / 8.49 (160-1780 CAL)



PICK A PROTEIN

SPICY ITALIAN SAUSAGE +.99 (Gf) (✓)

GRILLED CHICKEN +1.79 (Gf)

CRISPY CHICKEN +1.99

GRILLED STEAK +1.99

CALAMARI & HOT PEPPERS +1.99 (✓)

GRASS-FED MEATBALL +1.99

GRILLED SALMON +2.99 (Gf)

For extra protein +2.49

PASTA & PIADA SAUCES



POMODORO

Traditional red sauce made from fresh tomatoes and basil



DIAVOLO

Spicy tomato cream sauce with crushed red pepper



ALFREDO

Classic Italian white sauce made from parmesan



BASIL PESTO

Fresh herb sauce blended with parmesan and garlic

ADD TOPPINGS

CUCUMBERS

BRUSCHETTA TOMATOES

SUNDRIED TOMATOES

ARUGULA

ROMAINE

FETA

MOZZARELLA

PARMESAN

PICKLED RED ONIONS

SWEET & SPICY PEPPERS

PANCETTA (BACON)

SPINACH

ROASTED BROCCOLI

GLAZED CHICKPEAS

SWEET CORN & TOMATO +.99

AVOCADO +1.79

SALAD DRESSINGS



SPICY RANCH



CREAMY PARMESAN



APPLE CIDER VIN



SWEET BALSAMIC



OIL & VINEGAR



YOGURT HARISSA



LEMON BASIL



(Ve) Vegan (✓) Guest favorite (Gf) Gluten free

All sauces and dressings are gluten free and vegetarian. Vegan dressings contain cane sugar from various sources. Additional nutritional information is available upon request. 2,000 calories a day is used for general nutrition advice, but individual calorie needs may vary.